Proactive
Pelvic Health Centre

863 Broadview Ave.,
Toronto, ON, M4K 2P9
(two blocks north of Danforth Ave.)
T: 647.352.7742
F: 647.748.7742
www.proactiveph.com

Date: _____

Client Name: _____

Diagnosis:

___Stress Incontinence ___Urge Incontinence ___Mixed Incontinence

___Post-prostatectomy Incontinence ___Fecal Incontinence ___Pelvic Organ Prolapse

___Dyspareunia ___Vestibulodynia ___Vulvodynia/ Vaginismus

___Interstitial Cystitis/ Painful Bladder Syndrome ___Chronic Pelvic Pain Syndrome ___Chronic Non-Bacterial Prostatitis

___Levator Myalgia/ Hypertonicity ___Pudendal Neuralgia ___Dysynergia

___Pelvic Girdle Pain ___Postpartum Assessment ___Painful Scar

___Constipation ___Coccydynia ___Fertility

___Other: _____

Treatment Required:

___Pelvic Physiotherapy at Therapist's Discretion ___Trigger Point Release/ Manual Therapy

___Scar Mobilization ___Dilators ___Biofeedback

___Electrical Stimulation, TENS ___Acupuncture & Chinese Medicine

___Registered Massage Therapy ___Mindfulness Meditation

___Sex Therapy/Psychotherapy ___Nutrition Counselling

Referrer: _____ Tel: _____

-Other pertinent medical information may be included on the back of this form-

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Other Relevant Information: